



Instructions for irrigation of the ear with a diluted vinegar solution

1. Mix up the solution with one-half white vinegar and one-half water. You will need a little amount for each ear, but you can pre-mix a larger quantity and store at room temperature.
2. Draw up the solution into a dropper and place the tip at the entrance to the ear canal.
3. Gently allow 3-4 drops to fall into the ear canal.
4. Use after water exposure